



Omega-3 Optimize Softgels



Arctic-sourced, molecularly distilled, Triglyceride form Omega-3 Formula

Did You Know...

You've probably heard that Omega-3 is an important part of a complete vitamin and supplement regimen, but do you know why?*

HealthSource Omega-3 Optimize can help to support the following*:

- Cardiovascular health*
- Immune health*
- Joint health*
- Healthy hair, skin, and nails*
- Brain/Neurological health*
- Healthy aging*

The HealthSource Difference

Not all fish oils are created equal. Here is a quick glance at what sets HealthSource Omega-3 Optimize apart from the rest:

FEATURES

- Optimal yields of EPA and DHA, the active ingredients in fish oil*
- Raw ingredients are sourced from pristine waters
- Sourced from fish known for their high yields of active ingredients*
- Natural Triglyceride form

BENEFITS

- Helps to support overall wellness*
- Ideal option to support healthy joints, inflammation response, and healthy cholesterol balance*
- Can help support healthy metabolism and peak athletic performance*
- More natural, absorbable form of Omega-3*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 120

| | Amount Per Serving | %Daily Value |
|-----------------------------|--------------------|--------------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 1%** |
| Cholesterol | 10 mg | 3%** |
| Fish Oil | 1,000 mg | † |
| EPA (Eicosapentaenoic Acid) | 400 mg | † |
| DHA (Docosahexaenoic Acid) | 300 mg | † |

† Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, Glycerin, Purified Water, Mixed Tocopherols.

Contains: Fish (Anchovy).

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: Take 1-2 or more softgels daily with a meal as a dietary supplement or as directed by your healthcare professional.